**Contact details for Children’s Services in Cornwall –**

**Multi Agency Referral Unit (MARU) on 0300 123 1116**. or call the out of Hours Service on 01208 251300.

For Adults –

[Council of the Isles of Scilly Adult Social Care department](http://www.scilly.gov.uk/health-social-care/safeguarding-adults) on 0300 1234 105 (out of hours 01720 422699)

**National Domestic Violence hotline (Refuge)**

0808 2000 247

**Women’s Aid Live Chat**

<https://www.womensaid.org.uk/information-support>

**Victim Support**

0808 1689 111

**Karma Nirvana**

<https://karmanirvana.org.uk/>

Support for victims of honour based abuse and forced marriage

**Imkaan**

<https://www.imkaan.org.uk/get-help>

Offers support to black and ethnic minority women

**Age UK**

0800 678 1602

**Hourglass (formerly Action on Elder Abuse)**

0808 808 8141

[https://wearehourglass.org](https://wearehourglass.org/)

**Mankind Initiative**

[www.mankind.org.uk](http://www.mankind.org.uk)

0182 3334 244

Support for male victims of domestic abuse

**Respect - Men’s Advice Line**

[www.mensadviceline.org.uk](http://www.mensadviceline.org.uk)

0808 801 0327

**Rape Crisis (England and Wales)**

0808 802 9999

**Galop National LGBT Domestic Abuse Helpline**

0800 999 5428

<http://www.galop.org.uk/domesticabuse>

**Respect helpline**

0808 802 4040

For anyone concerned they may be harming someone else

**Forced Marriage Unit**

0207 008 0151

**Southall Black Sisters**

0208 571 9595

<http://www.southallblacksisters.org.uk>

Advice, advocacy, practical help and counselling

for women/children experiencing domestic abuse

and other forms of gender related violence

**Survivors UK**

[www.survivorsuk.org](http://www.survivorsuk.org)

For men experiencing domestic abuse

[**Clear**](http://www.clearsupport.net/index.html)

CLEAR enables children and young people having experienced an abusive relationship to flourish within a therapeutic setting.

email: [info@clearsupport.net](mailto:info@clearsupport.net)

01872 540 366

[**Domestic violence help and advice**](http://www.cornwall.gov.uk/health-and-social-care/domestic-violence-help-and-advice/?page=4118)

Cornwall Domestic Abuse 24hr Helpline on 01872 225629

[**Sanctuary Scheme**](http://www.cornwall.gov.uk/housing/housing-options/quick-links/cornwall-sanctuary-scheme/) is available for high risk victims of domestic abuse and/or sexual violence.

[**Safeguarding Adults**](https://www.cornwall.gov.uk/health-and-social-care/adult-social-care/safeguarding-adults/)

To make a safeguarding adults alert in Cornwall you need to contact Adult Care, Health and Wellbeing on 0300 1234 131 and select option 2

IDVA (Independent Domestic Violence Advocate) service for Cornwall is provided by [First Light](https://www.firstlight.org.uk).

during normal office hours 0300 777 4777

email: [reach.support@firstlight.org.uk](mailto:reach.support@firstlight.org.uk)

St Austell Refuge - 01726 871244

[**Galop**](http://www.galop.org.uk/domesticabuse/)(previously Broken Rainbow Cornwall) DV advice for Lesbian, Gay, Bi Sexual and Transgender - 0800 999 5428 or email - [help@galop.org.uk](mailto:help@galop.org.uk)

[**Susie Project**](http://www.susieproject.org.uk/) - 01209 699241

[**Cornwall Women's Refuge Trust**](http://www.cwrt.org.uk/) - 01872 225629

[**Cornwall Rape and Sexual Abuse Centre**](http://www.crasaccornwall.co.uk/) - 01872 262100

[**Women's Rape and Sexual Abuse Centre**](http://www.wrsac.org.uk/) - 01208 77099

[**West Cornwall Woman's Aid**](http://www.wcwaid.co.uk/) - 01736 367539

[**Cornwall Refuge for male domestic abuse victims**](http://safercornwall.co.uk/what-we-do/dasv-hub/new-refuge-for-male-victims-of-domestic-abuse-in-cornwall/)

[**Waves**](http://www.cwrt.org.uk/waves.htm)(Provides counselling service, therapy and group support) - 07815 136 743

[**Victim care unit**](http://www.victimcaredevonandcornwall.org.uk/)   
The victim care unit will help victims navigate and make informed choices about the organisation they wish to receive support from.

Call 01392 475900 - Lines are open 8am to 8pm Monday to Friday and Saturday to Sunday 9am to 5pm

[**Operation Encompass**](https://www.operationencompass.org/)  
Operation Encompass Teacher's Helpline operates from 8am to 1pm from Monday to Friday, staffed by a child and educational psychologist or clinical psychologist. The number will be 0204 5139990 and standard mobile call rates will apply. There will be no charge to the teacher or school for the specialist professional advice.